

BEST PRACTICES

The different enrichment programs are being conducted in the institute to increase the students self confidence, self esteem, perseverance, friendliness, leadership and decision making skills. The Different activities are being organized regularly for students which include:

1. **Hands on learning:** New technologies offer the teachers a wide new range of possibilities and tools, along with challenges. ICT can be risky as well as approaching it without a proper guidance and a practical training can be a time-consuming as well as misguiding task. Class of ICT for fresher's of B. Ed D. Ed, and M.Ed , teaching and non teaching staff is arranged every year In the beginning of the session. **ICT training course tailored for teachers and educational staff is one of the best practices which** reflect the vision of the institute in using ICT in teaching learning process.

2. **Skill Development:** Two Workshops on “Know Thy Self” & Understanding the Self reflects the vision of the institute for developing life skills among Teachers academic staffs and students. How to lead a peaceful happy and contented life in today's world, how to earn the respect of everyone 7 how to be successful in carrier while living in adverse condition is the main concerns of the institute that is the reason the institute focuses on skill development of its stakeholders.

The programme also explored the importance of a positive attitude. Participants also completed a self-scoring profile that enlightened them about their own personal communication style and interpersonal skills. . Both workshops were very effective and highly appreciated by all the participants. The students were benefitted by the renewal of the enthusiasm for being a team player, learned the value of little things that make a big difference, increased responsibility for personal success and improved choices when it comes to communicating with others

Yoga Training

Incorporation of Yoga, meditation and breathing can help in improving a person's mental well-being. Regular yoga practices **create mental clarity and calmness; increases body awareness; relieves chronic stress patterns; relaxes the mind; centers attention; and sharpens concentration.** Keeping this in mind Advanced Institute of Education organized Yoga Training for the students of M.Ed., B.Ed. and D.Ed. from 11th April 2016 to 14th April 2016. The Trainer for Yoga Training was Mr. Surender, Nagar Pracharak, RSS, Palwal. Students were provided training on various asanas, meditation and Pranayams and students were encouraged to adopt these healthy practices in their day today lives.

3. Scouts and Guide Camp for B. Ed, M. Ed and D. Ed Course:

How to survive in adverse extremities of life, how to live in minimal requirements, how to bear easily the natural calamities and how to help the other fellow citizens are main objective of scouts and guide camp to inculcate patriotic feelings and adventurous and helping feelings in students and to teach them to be in discipline, the institute organized the seven days Scouts and Guide camp held on 11th March to 17th March 2016 in Advanced Institute of Education, Palwal .Scouts (Students) and Guides were assembled in the play ground under the guidance of Scout master Mr. Bhim Sain, L.T Scout, Chandigarh, Mr. Mani Ram Kaushal (D.O.C, Faridabad), Dr. Rudra Dutt (D.T.C Scout) .Chairman, Director & Principal Dr. Laxmi Sharma of the Institute inaugurated the day by flag hoisting. Scouts were grouped patrol-wise to perform various duties. First-aid knowledge & different rescue methods were explained to them. Students prepared lunch and headed for camp fire, followed by songs, dances, dramas and other cultural items. Camp fire came to an end with distribution of certificates and prizes to the successful scouts by Chairman Shri Venay Gupta, Director Prof. R.S Chaudhary, and Trustee, Mr. Sanjeev Chandra, Principal, Dr. Laxmi Sharma and all the staff members.

4. To sensitize the pupil teachers about differently able students

No two persons are alike .Due to different heredity/environmental or illness some children are challenged students. A teacher's duty is to provide equally good education and sufficient training

to them also so that they also could be able to lead an independent life and living. To aware the students about these situations Advanced institute of Education organizes educational field visits to various Rehabilitation Centre, for B.Ed. and M.Ed and D.Ed students .The visit is organized for the prospective teachers to comprehend the concept of inclusiveness for all. In addition during the visit students gained practical insights on role and functions of support services required in an inclusive school. They interacted with special educators, occupational therapists, physiotherapists, speech therapists, counsellors and social workers at the Centre to synthesize the usefulness of community service, education, medical care, community based rehabilitation, research and skill development in fostering inclusion. Besides, they visited the vocational training units such as art and craft, tailoring, bakery, jewellery designing and beauty culture that empower the differently abled children from Grade III onwards through vocational training. They interacted with children with multiple disabilities, visually impaired, hearing impaired, locomotor disability, speech and language impairments, slow learners and dyslexic children.